

OREGON TRAIL TREK

Run the Oregon Trail!



Follow in the footsteps of travelers on the Oregon and California trails: run, walk, or bike the Alcove Spring Park trails and experience history for yourself. . .

Sunday, October 15, 2017, at 9 AM

Parking area of Alcove Spring Park, Blue Rapids, Kansas

1.5 Mile Run/Walk

3.1 Mile (5K) Run/Walk/Bike

6.2 Mile (10K) Run/Bike

Participation in this event on the Oregon and California National Historic Trails is free. Donate \$20 or more to Alcove Spring's upkeep to receive a race t-shirt. Snacks and water will be provided. Unique, handmade finisher awards for all participants!



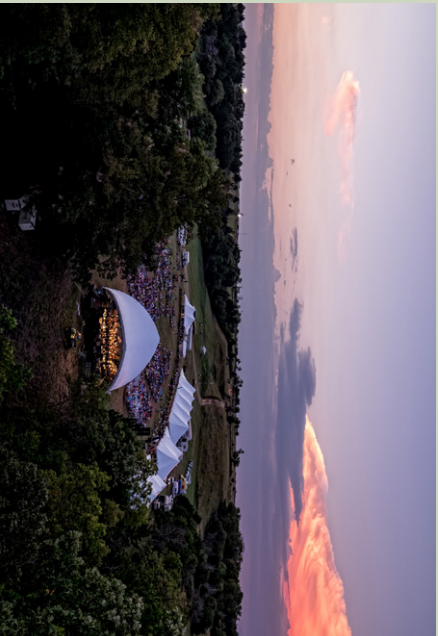
MARYSVILLE HEALTH & FITNESS

**FIND YOUR
PARK**

Event sponsored by the Alcove Spring Preservation Association, Alcove Spring Historical Trust, Marysville Health & Fitness, the National Park Service, and many other supporters.



For more information or to register:
Marysville Health and Fitness
pamtrains@bluevalley.net, 785-562-2424
Registration form is on the reverse.



Alcove Spring Park

2017 is another exciting year for Alcove Spring Park, with many outdoor activities and community events. The park is open to the public every day from dawn to dusk. Please visit us and experience trail history!

Opportunities to volunteer are available throughout the year. For more information about events and volunteering, contact:

Duane Iles, 785-346-5166

96cruisin@embarqmail.com

Marysville Health and Fitness
816 Center
Marysville, KS 66508

OREGON TRAIL TREK!

October 15, 2017

ENTRY FORM

Circle one: 1.5 Mile 3.1 Mile 6.2 Mile

Circle one: Walk/Run Bike

Name:

Address:

City/State/Zip:

Phone:

Email:

No entry fee is required to participate, but you may donate \$20 to Alcove Spring projects as part of your registration to receive a race t-shirt. Please register by October 1 to guarantee a shirt of your size:

Shirt size (circle one):

Adult **S** **M** **L** **XL** **XXL** **Youth** **S** **M** **L**

**Mail to: Marysville Health and Fitness
816 Center, Marysville, KS 66508**

Liability Waiver

In consideration of Alcove Spring Preservation Association, Alcove Spring Historical Trust, Marysville Health & Fitness, the National Park Foundation and adjacent private landowners providing this recreational activity and allowing me/us to participate in its events, I/we agree to assume the risks thereof. Further, I/we release the landowners, ASPA, ASHT, MHF, NPF, its officers, directors, members, and agents from any and all claims for personal injury, death, or property damage which may accrue to me/us (or a minor in my care) as a result of participation in any ASPA/ASHT/MHF/NPF activity or event, even though the claim may arise out of negligence or carelessness on the part of the person or entities involved.

Signed:

Date:

Parent/guardian: